

Fast and Easy Spinach with Shallots

Here's a simple, healthy side dish that's fast and easy to prepare.

Prep: 5 mins

Cook: 8 mins

Total: 13 mins

Servings: 4

Yield: 4 servings

Ingredients

1 tablespoon olive oil

1 shallot, diced

1 (10 ounce) bag of baby spinach leaves

Salt and ground pepper to taste

Directions

Step 1

In a large skillet, heat olive oil over medium heat. Stir in shallots and cook until transparent, about 5 minutes. Add spinach, sprinkle with salt and pepper; cook and stir 3 to 5 minutes until leaves are wilted and reduced.